

19 March 2024



POLMED®

OUR INVESTMENT OUR HEALTH OUR FUTURE

BREATHE EASIER

Dear Member

We're all well aware of how harmful smoking can be for our health, but it's a habit that's difficult to kick. Nicotine is one of the most addictive drugs, after all. We're here to help you breathe easier and give up those cigarettes or vapes.

POLMED members have access to the GoSmokeFree programme, designed to help smokers quit. Not only will the programme help you quit, but it's covered by Risk and won't impact your day-to-day expenses.

What are you waiting for?

[Get more info here.](#)

Regards,
POLMED

