



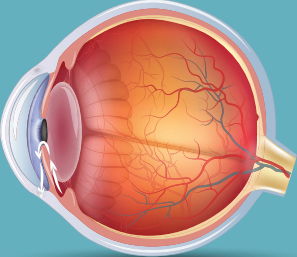
POLMED

OUR INVESTMENT OUR HEALTH OUR FUTURE

WORLD GLAUCOMA WEEK

March 10-16, 2024

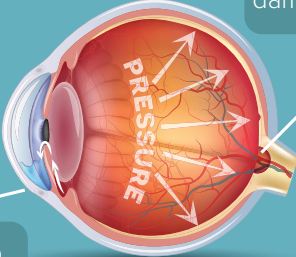
Glaucoma usually gives no warning until it is advanced, but the damage it causes to vision is ongoing and could become irreversible. To avoid this, you need regular, simple eye checks, which allow early detection and save sight. POLMED members have access to glaucoma screening every third year as part of preventative screening.



NORMAL EYE

GLAUCOMA

DRAINAGE CANAL BLACKED
Too much fluid stays in the eye
This increases pressure



GLAUCOMA

High Pressure damages optic nerve

If you have any questions or need more information, please call **POLMED** on **0860 765 633** (select the option for the Disease Management Programme) or **WhatsApp POLMED** at **060 070 2547** or send an email to **polmeddiseaseman@medscheme.co.za** with your membership number and contact details.

Regards,
POLMED

