

29th October 2021

Dear Healthcare Provider

POLMED PREVENTATIVE HEALTHCARE BENEFITS FOR 2021

As you might be aware, Polmed has a **Preventative Care Benefit** that allows members and their dependants to have a medical examination on an annual basis. The goal of the Preventative Care Benefit is to promote the health and well-being of our members, as well as the early detection and management of disease.

The following are included in the **Preventative Care Benefit**:

- Blood pressure test
- Body mass index (BMI) calculation
- Cholesterol screening (Z13.8)
- Glucose screening (Z13.1)
- Healthy diet counselling (Z71.3) (if the member is overweight)
- Lipid disorder screening (members over the age of 40 years)
- Occult blood test (members over the age of 50 years.)
- Bone Densitometry Scan (Once in a lifetime) (age range 65 to 120)
- Pneumococcal vaccine (age range 7 to 120) (M85.99 or Z13.8)

To ensure the correct processing of claims, please make use of the following tariff codes when submitting your claim:

- The benefits (plus tariff codes) are:
- Consultation (5550)
- Cholesterol screening (4027)
- Glucose screening (4061)
- Healthy diet counselling (4050) and
- Lipid disorder screening for beneficiaries over 40 (4025)

Please note that the above are paid from risk, as to not deplete members' day-to-day benefits.

Should you require any further information, please feel free to contact our Provider Call Centre on **0861 112 666**.

Yours sincerely

Polmed