

Capt J. Matjeke 162 Albertyn Street Danville 0183

17 July 2020

Reference: PLM055POL / 04778634 Member Number: 64004284129 Dependent: 00

Dear Capt Matjeke

PREGNANT MEMBERS AND COVID-19

Polmed recognises that you and your unborn child need special care during this trying time our nation finds itself in as a result of COVID19.

We would like to introduce you to Midwife Led Care, which will provide the following additional benefits during your pregnancy:

- You will be provided with details of Midwife/s within your vicinity who will provide you with antenatal care.
- You will have 24-hour access to the Midwife who will provide you with the necessary support.
- The Midwife, working together with the Gynae Obstetrician will also do the delivery safely at their facility or in the comfort of your home or in a hospital within the network.
- The Midwife will further provide care after delivery until 6 weeks, which includes care and vaccination of your new-born baby.
- You will also be provided with direct support by an office-based Midwife in our Maternity Programme Department. This Midwife will be available to answer all the questions you might have relating to your benefit as well as additional information pertaining to your health.

These experienced Midwives form part of the Polmed network and are available in Gauteng and Western Cape provinces.

To access this service and obtain more information on the programme please call us on 0860 765 633 (follow the voice prompts) between 08:30 and 17:00 or send an email to <u>polmedmatmw@medscheme.co.za</u>.

Your health is our concern and we look forward to hearing from you.

Kind regards

Polmed Maternity Programme Team