



POLMED®

OUR INVESTMENT OUR HEALTH OUR FUTURE



October 2018

Dear Member

2019 POLMED PLAN SELECTION

POLMED's 2019 benefits and contributions have been submitted to the Council for Medical Schemes (CMS) for approval. The benefits may only be communicated to members upon approval of the changes by the CMS.

We have, however, noted that members previously opted to submit their plan selection for the following year without waiting for the approved benefits and contributions. This may be due to the fact that members are either away on holiday or performing special duties elsewhere.

For this reason, we are pleased to advise that the Scheme's **2019 plan selection period** will be available to members earlier than usual as from **29 October 2018**. It is important to note that you are under no obligation to submit your 2019 plan selection before receiving the 2019 benefits and contributions as approved by the CMS. It is also important that you understand your healthcare needs (and those of your dependants) when choosing your plan.

Methods to select your plan and submit your form, or to complete your plan selection online, appear on the **2019 Plan Selection form**.

Please note that online plan selection takes place via the Scheme website's secure Member zone. For your convenience, you can go to the website (www.polmed.co.za) via your cellphone or the SAPS intranet to access the online Member zone. If you are not yet registered on Member zone, you first need to create a username and password (to protect your personal information) before access is granted to you.

Note: Your online plan selection or completed and signed 2019 Plan Selection form must reach the Scheme by no later than 31 December 2018. If we do not receive your request to change your plan by this deadline, you will remain on the same plan during 2019.

The Scheme, however, cannot accept responsibility for delays due to postal strikes, loss of communication, returned mail due to your postal address details being outdated or your personal information being illegally accessed.

We trust this information will assist you to exercise your plan choice for 2019. The *2019 POLMED Guide to your Health* booklet will be communicated to you in due course (upon CMS approval).

Kind regards,

N KHAUOE
PRINCIPAL OFFICER: POLMED