

ANNEXURE D

PROCEDURES PRE-AUTHORISED UNDER THE AUSPICES OF MANAGED HEALTHCARE

The following elective procedures will be funded from the hospital benefits if done in the doctor's rooms and/or day clinics and as a day procedure in an acute hospital. If these procedures are done in the doctor's rooms there is no need for pre-authorisation. Pre-authorisation is required when procedures are done in the day clinic or in hospital. A R1 000 co-payment will be levied when the length of stay for an Annexure D procedure is voluntarily extended beyond the agreed day rate period.

PROCEDURE DESCRIPTION
Adenoidectomy
Anoscopies
Arthrocentesis
Arthrodesis of hand/elbow/foot
Arthroscopy
Arthrotomy of finger/hand/elbow/knee/toe/hip
Ascites or pleural tapping
Aspiration/injection
Aspiration/intra-articular injection of joints
Bartholin's gland drainage/excision/marsupialisation
Biopsy of lymph node/muscle/skin/bone/breast/cervix
Bleeding control (nasal)
Bronchial lavage
Cast application/removal

PROCEDURE DESCRIPTION
Cataract surgery
Cauterisation of cervix/lazer ablation
Circumcision
Colonoscopy
Colposcopy
Continuous nerve block infusion – sciatic nerve/femoral nerve/lumbar plexus
Cystoscopy for diagnosis/dilatation/stent/stone removal
Debride nails six or more – any method
Debride skin/subcutaneous tissue
Diathermy to nose and pharynx under local anaesthesia
Dilatation and curettage (excluding aftercare)
Drainage of abscess skin/carbuncle/whitlow/cyst/haematoma/gland

PROCEDURE DESCRIPTION
Drainage of subcutaneous abscess
Drainage of submucous abscess
Endoscopy
Excision benign lesion scalp/neck/ hand/feet
Excision benign lesion trunk/limbs
Excision ganglion/cyst/tumour
Excision of meibomian cyst
Excision sweat gland axilla/inguinal simple repair
Fine-needle aspiration cytology
Fine-needle aspiration for soft tissue – all areas including breast
Flexible nasopharyngo-laryngoscope examination
Gastroscopy/ esophagogastroduodenoscopy
Incision and drainage of abscess/ haematoma (anal/vaginal)
Inject nerve block
Inject tendon/ligament/trigger points/ ganglion cyst

PROCEDURE DESCRIPTION
Inject therapeutic carpal tunnel e.g. local corticosteroids
Intraleural block
Laparoscopy diagnostic abdomen/ peritoneum/omentum
Ludwig's angina – drainage
Myringotomy aspiration incision
Opening of quinsy at rooms
Proctoscopy with removal of polyps
Proof puncture at rooms – unilateral/ bilateral
Radical nail bed removal
Removal of foreign body
Repair layer wound scalp/axillae/ trunk/limbs
Repair wound lesion scalp/hands/ neck/feet
Tonsillectomy – adenoidectomy < 12 years
Treatment by chemo-cryotherapy – additional lesions
Vasectomy – uni/bilateral

Basic dentistry

- The Scheme must authorise dental procedures that require general anaesthesia.
- Procedures done under general anaesthesia are only permitted for children under the age of seven years or in the case of the surgical removal of impacted wisdom teeth.

- Registration is necessary when more than four fillings and two root canal treatments are required.

Maxillofacial surgery

All procedures performed by a maxillofacial surgeon in hospital must be authorised.

Pre-authorisation for PMB CDL/chronic condition

- The Disease Risk Management (DRM) Care Plan Programme will grant each registered member a certain number of consultations and investigations according to clinical protocols.
- The member is notified about these benefits at the beginning of each calendar year or shortly after being diagnosed with the condition.
- No co-payment applies for the treatment of a prescribed minimum benefit (PMB) Chronic Disease List (CDL) condition and/or chronic condition if you use the medication within the medicine reference price or medication 'basket(s)'.

Specialised dentistry

- All specialised dentistry services and procedures must be pre-authorised.
- If any of the procedures involve hospitalisation, the member must obtain a pre-authorisation number via the managed healthcare organisation.

