

ANNEXURE E

PREVENTATIVE HEALTHCARE BENEFIT 2016

All services as per specified benefit to be covered from the in-hospital benefits:

Measure and ICD – 10 codes	Care , screening, test
Full medical examination	
One wellness measure per year inclusive of : <ul style="list-style-type: none"> • BP test, • BMI test, • Waist to hip ratio measurement • Consultation • Cholesterol screening (Z 13.8) • Glucose screening(Z 13.1) • Healthy diet counselling (Z 71.3) • Lipid disorder screening for age > 40 years Clinical information to be submitted to Managed Healthcare	Annually
Child Health	
All child immunisation provided by the Department of Health for children six (6) years old and younger.	As per DOH age schedule as per the Road to Health chart
Female Health (Women and Adolescent Girls)	
Cervical cancer screening ICD: Z 12.4 For all females aged 21-64 years old, <i>except for those women who have had a complete hysterectomy with no residual cervix</i>	PAP smear test once every third year
Breast cancer screening ICD: Z12.3 and ICD: Z01.6 Mammogram: all women aged 40- 69 years old	Once every 2 years, unless motivated.
Contraceptives ICD: Z 30	As recommended by NDOH
Dental Health	
Consultation and topical fluoride application for children aged 0-6 years	Annually
Topical fluoride application for children aged 7- 18 years	Annually
Caries risk assessment for children aged 0-14 years (Clinical information to be submitted to Managed Care)	Once every second year
Periodontal disease and caries risk assessment for adults 19 years of age and above (Clinical information to be submitted to Managed Care)	Once every second year



ANNEXURE E (continuation)

Measure and ICD - 10	Care , screening or test
HIV Counseling and Testing	
HIV Counseling pre- counseling	Annually
HCT Consultation Rapid testing and post counseling	Annually
HIV Testing Elisa: 3932 Confirmation test: Western Blot (payable after HCT or ELISA tests)	Annually
Other	
Flu vaccine	Annually
Hib titer for 60 years and older (Serology: IgM: specific antibody titer)	Annually
Prostate cancer screening For all males aged between 50 and 75 years	Annually
Glaucoma screening	Once every third year; unless motivated
Circumcision	Subject to clinical protocols
Post Trauma debriefing session Only for active principal members of SAPS , utilizing the psycho social network	Four sessions per year.

Disclaimer: Polmed has outlined the services that are covered under the "preventative care benefit". Best clinical practice dictates that the doctor should follow the best clinical management as per guidelines even when they are not specified under this benefit.

