

REGISTRATION TO DISEASE RISK MANAGEMENT (DRM) PROGRAMME

The DRM Programme is aimed at assisting you to manage your chronic condition and, in the long term, improve your health.

REGISTRATION PROCESS

You or your treating doctor may contact POLMED to be registered to the Programme as soon as you have been diagnosed with a chronic condition.



CONTACT DETAILS

Tel: 0860 765 633 between 08:30 – 17:00 from Mondays to Fridays (excluding public holidays)

Email: polmeddiseaseman@medscheme.co.za



CARE PLAN INFORMATION

Once registered, you and your treating doctor will receive a Care Plan that will reflect the services, ICD-10 codes and tariff codes. The information that appears on the Care Plan must be used when the claim is submitted to ensure correct payment of your claims.



DISEASES MANAGED ON THE DRM PROGRAMME



- **Respiratory:** Asthma and chronic obstructive pulmonary disease (COPD)
- **Cardiac:** Hyperlipidaemia, high blood pressure, heart failure, coronary artery disease and dysrhythmia
- **Metabolic:** Diabetes
- **Spinal:** Cervical and lumbar conditions, Conservative back and neck programme, Prolonged care (Home Nursing and Home oxygen)
- **Mental health:** Depression, bipolar mood disorder, post-traumatic stress disorder (PTSD) and substance abuse

