

PSYCHOLOGICAL BENEFITS FOR SERVING MEMBERS ONLY

POLMED has established a Psycho-Social Network that consists of clinical psychologists and social workers. This benefit excludes dependants and continuation members.

However, POLMED has a mental health benefit for dependants and continuation members – see 'Mental Health Programme' on page 105 for more information.

BENEFIT INFORMATION

- This service is for serving SAPS members only; not dependants.
- The consultations will be paid from the Psycho-Social benefit irrespective of your available overall out-of-hospital (day-to-day) benefit.
- You will be allowed a maximum of four sessions a year, where the first is an evaluation session. Should symptoms be identified at this initial consultation that require therapy, you will then have three therapy sessions.
- Should you require additional support/therapy, you may use your standard Scheme benefits.

LOOKING FOR CONTACT DETAILS?



Visit the POLMED website at www.polmed.co.za and use the provider search tool at the top of the home page to search for a Network PSYCHOLOGIST or SOCIAL WORKER.

OR

Call the Client Service Call Centre on 0860 765 633 and ask for the contact details of a Psycho-Social Network provider in your area.